# INFORMATION PACKAGE

# Homeopathy Course For People & Their Pets

### ~ ON ZOOM ~

# **NEXT COURSES:**

Check the semester schedule for class times designed to fit Canada's time zones.

# **WINTER COURSE 2026:**

- From January 6 to March 17

- DURATION: I I WEEKS

- DAY OF WEEK: TUESDAYS

- START TIME: 4:00PM PT / 7:00PM ET

# **SPRING COURSE 2026:**

- From March 31 to June 9

- DURATION: I I WEEKS

- DAY OF WEEK: TUESDAYS

- START TIME: 5:00PM PT / 8:00PM ET

# FALL COURSE 2026:

- FROM SEPT 15 TO NOV 24

- DURATION: I I WEEKS

- DAY OF WEEK: TUESDAYS

START TIME: 6:00PM PT / 9:00PM ET

# IN THIS INFO PACKAGE, YOU WILL FIND:

- COURSE OUTLINE
- BIO ON COURSE TEACHER
- TESTIMONIALS
- Helping Organizations Help Us
- REGISTRATION FORM

### **Course Overview**

This course is designed for entry-level students providing a solid foundation in homeopathy. You'll explore key remedies and gain the confidence to address minor ailments for yourself, your family, and even your pets.

Each session includes a PDF of the PowerPoint presentation—an excellent start for building your own reference library.

Students will also have the opportunity to assemble their own homeopathic kit at a special discounted price through BOIRON.

Inside, you'll find the course outline and a quick bio of your instructor.

See the Registration Form for full details on costs and materials.

# COURSE OUTLINE

### Lesson I

What is Homeopathy?

Samuel Hahnemann

The Three Principles of Homeopathy

Remedies

How to Take a Remedy

Some Accident Remedies

### Lesson 2

Hahnemann Biography

The Vital Force

Some Terminology

Constantine Hering

Hering's Law of Cure

Liquid Remedies

Some Common Remedies

How to Administer a Remedy to an Animal

Some Advocates for Homeopathy

### Lesson 3

Early America

Some Definitions

Some Common Remedies

Some Polycrests

How to Find a Good Homeopath

### Lesson 4

More Definitions

Levels of Health

Some Digestive Remedies

Conditions: Colic in Horses

Research in Homeopathy

Criticisms of Homeopathy

Resources for People & Animals, and Where to Buy

### Lesson 5

Some Remedies for Colds, Coughs & Flu

Conditions: Colds, Cough/Croup, Flu

The Spanish Flu & Homeopathy

### Lesson 6

More Definitions

Tools for Finding the Right Remedy

Materia Medica & Repertory

More Polycrests

More on Potency

More Common Remedies

### Lesson 7

What to Expect After Taking a Remedy

**Vaccinosis** 

Dr. Gaikwad's Covid Treatments

Constitutional Remedies

### Lesson 8

Some Off-Shoots of Homeopathy

- Tissue Salts
- Gemmotherapy
- Bach Flower Remedies
- The Banerji Protocols
- Homeoprophylaxis (HP)
- Agrohomeopathy
- Mother Tinctures & Their Use

Organizing Your Remedies

**Extending Your Remedies** 

Resources: Where to Buy Supplies

### Lesson 9

**Human Anatomy Charts** 

### Conditions:

- Allergies (respiratory)
- Bleeding
- Burns
- Colic in Babies
- Dental Issues
- Digestive Problems:
- First Aid
- Headaches
- Injury
- Motion Sickness
- Seasonal
- Sting
- Sore Throat
- Wounds

Conditions Specific to Dogs and Cats

Nutrition, Anatomy

- Arthritis, Bladder problems
- Ears, Fleas and Lice
- Hairballs, Respiratory Conditions

How to Talk to Your Medical Professional

### Lesson 10

### Conditions:

- Abscesses
- Earaches
- Eye Problems
- Hay Fever
- Insomnia
- Restless Leg Syndrome
- Scars
- Travel Remedies
- Warts, Ski Tags, Moles

Conditions Specific to Horses:

Horse Anatomy Charts

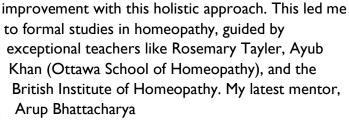
- OCD, Splints
- Spavins, Strains & Sprains
- Worming

What's Next?? Ideas for Continuing Your Education

# Shirley Guertin - Brief Bio

In August 2022, I relocated from Ottawa to British Columbia after dedicating 49 years to running a horse-riding school teaching dressage and hunters, as well as a breeding farm specializing in Canadian Sport Horses and Australian Shepherds. Throughout my career, I became a High-Performance Coach, a Dressage Judge, and received National and Provincial Awards in the equestrian world for riding, coaching and breeding champion horses. My horse show team even won a National Volunteer Award.

My journey into homeopathy began in the mid-90's when my sick child experienced immediate



(www.homeopathichealers.com), encouraged me to pursue licensure in homeopathy, but the demands of my farm life made it impractical. Since retiring from the farm, my love of both teaching and homeopathy has made opting for teaching homeopathy a natural choice—a seamless transition following the conclusion of my career in teaching thousands about the world of horses.

Utilizing homeopathy extensively, I treated a myriad of conditions on our breeding farm, which housed over

60 horses at its peak. From wounds and lameness to behavioral issues and various health concerns, I addressed these with homeopathic remedies. Not only did my herd of horses experience significantly better health, but I also saved thousands of dollars in veterinary bills.

Though not a licensed homeopath, I stand as an example of how anyone can learn and apply this remarkable system of medicine to promote good health for all creatures. My experience in using homeopathy has proven to me its power, and knowing how to treat one's family and animals effectively gives tremendous peace of mind. This peace of mind is what I want to give to others.

Homeopathy in Every Home!

# HELPING ORGANIZATIONS HELP US

50% of all funds are being donated to various advocacy organizations. Supporting these dedicated groups is essential as they work so hard to inform us, protect us, as well as safeguard the well-being of our nation and our local communities.

# Winter 2026 Course: Canada Health Alliance

Canada Health Alliance is a national not-for-profit collaboration of healthcare professionals and concerned citizens whose 'Noble Purpose' is to establish a parallel health care system that gives Canadians real freedom of choice when it comes to health and healthcare.

The system that CHA envisages is fully integrative, grounded on medical ethics and works in the best interests of the individual through collaboration and integrity. Canada Health Alliance is also very committed to public education and information sharing to empower all Canadians to become their own health authority.



https://canadahealthalliance.org/

# **Spring 2026 Course: The NHPPA**

The Natural Health Product Protection Association (NHPPA) is leading a nationwide campaign to stop the Self-Care Framework, which when fully implemented, could result in the loss of most of our natural health products, including homeopathic products. It is important for the survival of homeopathy in our country to support this organization.



# Fall 2026 Course: BC Rising



BC Rising is a group of leaders across BC standing strong together to build connections to focus on challenges and initiatives specific to our province. Our goal is to provide a comprehensive source of information, support and opportunities for community connection and local action.

https://bcrising.ca/

# **TESTIMONIALS**

Lloyd M, Feb 2025 - Shirley is an exceptional teacher whose course materials are not only relevant but immensely helpful in understanding the intricacies of homeopathic remedies. Her classes are engaging, encouraging a deeper dive into the subject matter and fostering a genuine interest in learning more about homeopathy. This is crucial in our journey towards reducing reliance on allopathic medications and minimizing their potential harm.

Shirley's course provides comprehensive tools that are practical for managing injuries and other health issues within the family and even for pets. I have personally experienced significant success in treating various ailments for myself, family, dogs and friends using the methods taught in her course. The results have been so positive that my family now turns to me first when they encounter health issues, which is both gratifying and affirming.

I highly recommend Shirley's course to anyone looking to demystify homeopathic concepts, remedies, and treatment strategies. She has a unique ability to simplify complicated information, making it accessible and actionable. Thank you, Shirley, for your invaluable guidance and expertise.

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Donna D., June 2025 - What did you like most / least in the course? There is so much I like about the course it is impossible to include it all:

- the course is so comprehensive yet so easy to follow
- the notes are indispensable and invaluable. You could publish them!
- The organization of the lessons with review, objectives,
- spreading the history and theory into every lesson instead of front loading it all into lesson one gives one time to process them individually instead of lumping them together
- comparison charts of remedies are indispensable as well
- recommended books, where to buy supplies,
- getting the remedies at basically half price is amazing! A great way to get a wide base of remedies and using them without any hesitation of cost.
- Grouping the remedies into dis-eases (digestion, muscle pain, allergies etc.)
- It was great to take the course a 2<sup>nd</sup> time to reinforce the learning.
- Q &A was great as it was good for clarification and application when someone shared their stories
- the drawings of the animal characters to illustrate the remedies
- the anecdotal stories drove home the application of the remedies and the successes

This was a college level class with exceedingly great value taught by a consummately skilled instructor.

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From Diana J, Ottawa, June 2024: I am able to use Homeopathy with a lot more knowledge and confidence for me and for others. I now rush to treat myself with homeopathy first and appreciate having all of the references and information you have provided. I LOVED THE COURSE!!!

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From Jeannie G, Newmarket, On, June 2024: I started out not really understanding the use of homeopathy remedies. I only knew I wanted to learn. I can honestly say this course surpassed what I expected. The effort and material you provided, Shirley, has me feeling such gratitude and indebtedness to your accepting me in the course. I had no clear idea of what Homeopathy actually was. Shirley has awakened a thirst in me to learn more. I am so grateful for the information she provided us but also for the opportunity to experience this introduction from a truly kind, caring and generous teacher. Thank you for sharing your knowledge and dedication with us!

### **MORE TESTIMONIALS**

Anna, Chesterville Ontario, October 2023

Shirley's homeopathy 101 course is wonderful for anyone looking to introduce, or expand their knowledge of homeopathy. Get ready, because you will learn a lot! Shirley is also able to answer most questions you have, and if she doesn't happen to have the answer, she will help you find it. I would recommend this course to everyone and I hope to take more courses with Shirley in the future.

### Unnamed, Ontario, October 2023

After using the medicine for a couple decades, I was seeking a foundation to begin my understanding of Homeopathy as a whole-body medicine. The course was just right. Shirley is dynamite, a woman who cares deeply about Homeopathy, and all living matter. She is a woman after my own heart. I am grateful to have had this opportunity to learn from such a passionate teacher. I'll be keeping in touch. Along with the friends I recommended the course to, we all felt your passion for the medicine and personal sovereignty.

From Kai, Ottawa, ON - June 2023:

This course is fantastic, I highly recommend it. Shirley is such a passionate and engaging teacher. She has incredible knowledge of the subject, and it shows. I have learned so much already from the first two lessons, I can't wait for the rest of them. I had hardly any experience with homeopathy and Shirley has given me the confidence to start exploring it on my own! There is plenty of opportunity for individual help and questions both before and after each class, which is a great chance to learn from other people's experiences and get advice directly. Highly recommend!

From Pat, June 2023:

I highly recommend this course. I love that pet homeopathy is included, especially since I have a horse.

I am not a homeopath. I took Shirley's course to expand my limited, personal knowledge of homeopathy. And it has definitely been successful! Our health care system is broken and I strongly felt it necessary to get back to the old methods if we are to survive without pharmaceuticals, as much as possible.

Shirley's ability to make such an extensive and confusing modality comprehensible and useful is a gift. She knows her material and is passionate about it. That passion reflects in her teaching style. She is down-to-earth, authentic and her approach is very personable. She 'speaks' to the newbie as well as the professional. She has lots of time for questions and is very patient when asked...anything.

Shirley shares many, many resources and explains how to use them. She also uses case studies and personal experience which are very informative. She provides content ahead of the actual class, which really helps with the participants not having to duplicate notes.

I'm so glad I took this course. I certainly have a much better understanding of the remedies, the dosages as well as what is required to determine which remedy.

Sheila, BC, October 2023

Shirley is an amazing, passionate teacher. She lives what she teaches and shares. So wonderful and blessed to have her graciousness in our world. We need her knowledge!! I learned beyond my wildest dreams of ideas and uses

From Cherie, October 2023

I was a licensed practical nurse in the states for II years (before coming to Canada). This was my awakening to the downfall/corruption of our medical system. This gave me the shove into energetic and natural medicine.

Thank you so much for your time, materials, efforts and your generosity and desire to share this with we the participants and the world of Beings.

Connie, Ottawa Ontario, October 2023

I have just finished the course on Homeopathy for People and their Pets. Shirley laid out a comprehensive overview of the history, the main remedies and how to use them. She answered all of our questions patiently and thoroughly. The stories about how the remedies were developed are fascinating. I enjoyed the addition of animal healing in the course. It helped with understanding human health and vice versa. Shirley had cute horse cartoons that were fun and informative. I have been inspired to use these homeopathic remedies in my daily life for health and healing.

From Sophie, Orleans Ontario - June 2023:

Shirley Guertin is a natural born teacher. Her passion for the subject of Homeopathy is remarkable and contagious. Her preparation, as well as her organization were very apparent. She takes time to answer questions thoroughly and listens to others' feedback. Shirley makes the subject matter accessible to all, which I appreciate greatly. ... October 2023: I now have I5 remedies and have gotten to use many of them. They have all worked wonders. ... These are a few of the incredible experiences I have had so far with remedies. Also, I truly have to say that I have never met someone who teaches quite as well as you do!

From Josée, Casselman, ON June 2023

I took an introductory course on homeopathy a few years back with Shirley at her farm. It was a lot of information and it was nice to meet people that have the same interests. Afterwards, I started to buy books and try out different remedies. When Shirley was offering again this program (several courses) on homeopathy, I knew I wanted to attend. Shirley is very knowledgeable and explains very well. Also I love that we can ask our questions and she is able to answer them. She provides PowerPoint and a guide to help us to follow her course. I love this course and I have a better understanding of remedies (homeopathy) and since June I have been experimenting with new remedies I was not aware of. OMG! The result I got was fantastic, this course changed my life for the better, for my family and myself. I am so blessed to have crossed paths with Shirley, as my health has improved significantly. I highly recommend this course (program). You are in such good hands with Shirley!

Kris & Allan, Balderson, Ontario, May 2024

We were both extremely impressed with the course materials and content. We have so much to study with. It was really nice to hear your personal experiences. We both feel far more confident about using Homeopathy and continuing to learn through using the remedies in our everyday lives going forward. We have far more confidence thanks to your training.

# Homeopathy for People and their Pets

# **REGISTRATION FORM**

NAME:		_
CITY, PROVINCE:		_
TEL NO		EMAIL
WHICH COURSE:		
WINTER COURSE 2026	Jan 6 to March 17	(Tuesdays, 4.00 PT/ 7:00 ET start time; duration 2 hours)
SPRING COURSE 2026	March 31 to June 9	(Tuesdays, 5:00 PT/ 8:00 ET start time; duration 2 hours)
FALL COURSE 2026	Sept 15 to Nov 24	(Tuesdays, 6:00 PT/ 9:00 ET start time; duration 2 hours)
Meeting room is open 30 mi	nutes before and after set t	times, providing an extra hour for discussion.
Do you have any prior ex	perience with nomeopa	athy? Please elaborate if you wish.
Do you have pets? If so,	which?	
Or \$35 per class.		d classes may be 'made-up' in a following course.
<b>Deposit</b> (any amount) is necessed an etransfer to shirleyg	•	sing the word "Canada" as the security word.
How did you hear about this co	ourse?	