

In the freedom movement we are all aware of the urgent need to come together in a unified rally cry. We are indebted to the visionaries and warriors who have placed themselves at risk this year to speak truths about what is happening. To the scientists, health professionals, researchers and broadcasters who have informed us of the dangers and to all who, through their love and devotion to humanity have inspired us to join them in taking necessary action, we thank you!

The world's people have been ruthlessly divided by governments, agencies and individuals pursuing their own interests at the cost of many of thousands of lives and livelihoods. The future of humanity is at great risk. This document presents a picture of Canadians today. By describing how we are currently divided, it helps us to see each other more clearly and see how fragmented we have become. It is an invitation for us to see each other with compassion once again.

More and more people are recognizing that they are not being told the truth about CV-19 and 'things are not as they appear'. The Canadian government now fully controls the media messaging and has systematically dismantled our country's ability to access any whistleblower information. As people discover that a credible alternative narrative exists to the mainstream media, their trust in these formal institutions starts to erode. This is not an easy time of reorientation.

This document is one way of representing the experience of the 'collapsing' of one narrative and the movement into a 'new understanding' of what is happening today in the world. It is a description of a process that many people experience as they move through the mixed and confusing messages being delivered by governments, public health, and mainstream media.

We present this information as a self-assessment tool and hope you will gain insights into some steps you must take in declaring your own freedom stand. As each of us does this we rise together. With the power of our numbers, our faith, light, and courage we reclaim our future and our humanity. May this document guide you on your journey.

SO, WHAT COLOUR ARE YOU?

I am GOLD

"I am driven to lead in the resistance to the mainstream narrative and to expose lies at a global level"

- I have a high social profile and visibility within the movement
- I am driven by a desire to serve truth, humanity, and the planet
- I am an analyst, a whistle blower and a visionary and may have expertise in a specific area of knowledge
- I am risking it all and am a target to those I am exposing at high levels of power
- I am courageously standing up and standing firm in front of the cancel culture that attempts to silence
- I am resisting the push back of bullying tactics, manipulation, and personal threats

My PRIMARY role is to support RED people; encouraging them to take BOLDER ACTION

I am RED

"I am fully engaged in supporting resistance to the mainstream narrative"

"I know my area of focus" and "I'm on Fire!"

I HAVE EXPERIENCE and WISDOM	I AM ENGAGED	I am 'BRIGHT' RED and have a VISIONARY / LEADERSHIP ROLE at the National Level
• I know who the 'credible' and	I am motivated by my convictions	I collaborate with other
'competent' RED and GOLD voices	and by others in the freedom	organizations to build the national
are and what information is worth	community I am hopeful	freedom movement
pursuing	I am connected to one or more	 I am actively engaging the
I can articulate my process of	freedom organizations	knowledgeable experts
transition from Blue to Green to	 I know where to direct my energy 	• I'm publicly seen and known as a
Red	and time	leader nationally
• I know that sharing my story helps	i.e., communications, law,	 I speak at rallies and online
others find courage	technology, action	I am anticipating what may be
I know that I have a responsibility	 I am prioritizing my time around 	coming next, to help with
to lead well	these important engagement	preparedness and education
I am gaining courage and tenacity	activities and am making many	 I identify, organize, and
• I know where to find the strength I	personal sacrifices to do so	implement actions
need to remain focused and	• I am taking actions: I attend rallies,	I build communication platforms
positive while recognizing the	hold banners, hand out	 I help clarify messaging
seriousness of this situation	newspapers, engage people	• I am courageously standing up
		and standing firm

My PRIMARY role is to educate and support GREEN people to become ENGAGED

I share this **COLOURS** OF FREEDOM process with all the people in my life who are 'Green' to give them valuable tools to move from 'confusion' to 'clarity' and to help them find strength. They are often grateful as they say it helps them locate themselves in the process!

I am GREEN

"I have real concerns but I'm staying silent" / " I don't know what to do with my questions"

I AM GREEN AND I HAVE A GROWING CONCERNS ABOUT THE CONTRADICTIONS I SEE	I AM 'BRIGHT' GREEN I AM 'REORIENTED', GROUNDED & READY TO ACT!		
WHAT MAY BE HAPPENING TO ME:	WHAT MAY BE HAPPENING TO ME:		
 I am trying to see issues from both sides I am taking in and sorting a lot of information I am still unclear and moving back and forth I don't know what questions to ask I don't know what to believe I am increasingly curious and dismayed I am feeling isolated I am feeling torn by breaks and tensions in family, work, and /or personal relationships I am tired of being afraid of causing tension or of being ridiculed for asking questions I may have taken a vaccine(s) and suffered an injury as a result (or know people who have) and now I am looking more closely at all the issues I'm in a sea of emotions and I'm looking for hope 	 I'm integrating my new knowledge I am finding my voice I am willing to take risks and step out I am actively looking for allies I'm asking hard questions and doing research daily to strengthen my understanding I am coming to terms with what I'm losing I am grieving but facing forward I am testing out people around me to find my tribe and build community I am finding my place in new communities (in person and online) I am ready to engage I am looking for a clear role to take on 		
WHAT I MIGHT NEED AT THIS POINT:	WHAT I CAN DO AT THIS POINT:		
 Sound reason from wise and knowledgeable people A conversation with an informed RED person to get a renewed sense of purpose and direction Credible information from qualified sources that will help me find answers to my questions Sources of reliable information A new community of people who care and who are positive, optimistic, and active Stop watching mainstream media! This information has an agenda that is not in support of my health or freedom and is meant to keep me in a state of fear and anxiety Connect with alternative media (<i>This is challenging given the level of censorship that exists. A fabulous listing of alternative media resources is listed on the Freedom Rising website Freedomrising.info</i>) To find people who encourage me to find my voice 	 Ask myself "what would Gandhi do in this situation?" Review the listing of organizations involved in exposing the truth and defending our rights and freedoms on the Freedom Rising Website. This will help me to know that I am not alone This is challenging work. Know that being skeptical is healthy. Question everything Listen to what my heart knows to be true Become a member of organizations that interest me to show my solidarity. <i>This is how I start to stand up!</i> Read and sign the Victoria Declaration found on the <i>Librti</i> social media platform Determine where I should reach out to meaningfully engage. What am I called to do? Build my tribe: people who can assist me in discerning what is the truth and who can stand alongside me 		
I need to POSITION MYSELF in the world that I'm living in now			

I need to POSITION MYSELF in the world that I'm living in now To Get ENGAGED and CONNECTED to others of similar understanding

BLUE

The people who are unaware of the magnitude of the threat that faces humanity are Blue

BLUES ARE UNAWARE /MISINFORMED	'BRIGHT' BLUES ARE BECOMING INFORMED		
 WHAT MAY BE HAPPENING TO THEM: Believing the Covid-19 virus really has caused a terrifying deadly pandemic across the world Aligning with the official narrative despite education Watching MSM; repeating what they hear as 'fact' Looking to government or formal 'credible' sources for answers (WHO, CDC, FDA) and trusts only these Reassured by 'the systems of checks and balances' that 'must' be in place Avoiding people who are asking questions Fearful of 'conspiracy theorists' Quick to put people into 'anti-vax' camp without inquiry Believing non-vaccinated people are selfish, a threat to them and public Keeping 'head-down'; 'getting on with it' to get by Making no waves and asking NO questions Feeling proud of being a 'rule follower' Focused on and irritated by how others are not 'complying' Often seen wearing a mask when walking alone outside or when driving 	 WHAT MAY BE HAPPENING TO THEM: Beginning to feel something is 'not quite right' Know more than they let on. Remain silent. Seeing inconsistencies and contradictions but wanting to remain on the fence regardless. Afraid of being shamed Believing they are being 'rational' and 'neutral' when they are in fact largely afraid of the impact of these new ideas Engageable and more open to conversations Attempting to remain comfortable in the 'lie' and 'inside the gated institutional narrative' but when pressed they are aware that the logic is breaking down To move out of this involves a difficult shift resulting in a cognitive dissonance that is psychologically very painful THOUGHTS ON HUMAN PSYCHOLOGY: In the brain there is a reflex that safeguards the "feeling" of safety. Any direct challenge to feeling 'safe' will be actively resisted. In BLUES, that feeling is tragically misplaced. Our challenge is to help them realize that just because they are 'feeling' they are in a safe place, does not mean they are. Respectfully exposing inconsistencies may engage inquiry. You cannot convince; plant seeds and wait to see if they germinate. 		
 HOW WE MIGHT HELP BLUES TO BECOME BRIGHTER: Realize that people 'feel' and 'respond' at the emotional level first Accept that people may not be receptive to "scientific" evidence that conflicts with information they are being given by government media Accept that professional sources that are credible to us may not be credible to them Talk from the heart more than the head Ask personal questions that invite them to share their experiences: EG: How has COVID affected you? Find out what their personal concerns are Share personal stories "We know people who have been harmed" Offer different perspectives Ask questions that illuminate contradictions, inconsistency, and illogicality of policies: "What do you think about forcing churches to close, but not Costco?" "Are you interested in hearing another viewpoint on this topic?" Share, don't tell Call on values we pride ourselves on in Canada, such as openness, curiosity, compassion, accepting opposing views 	 HOW WE MIGHT HELP BRIGHT BLUES BECOME GREEN: Realize many are 'not as unaware as they appear to be' Help them 'connect the dots' between global health 'crisis' and other significant issues: financial markets, global infrastructure shifts, increasing violence, increasing silos of 'us and them' media reporting, food shortages, privacy losses, digital surveillance, loss of freedoms, censorship Help them find their 'aha moment' as an entry point and direct new perspectives and new information to this identified area: The conflicts of interest; how medical system and Big Pharma 'created the problem' and then 'solved it' How many doctors are risking everything to tell us about finding cures, are being censored and disciplined – what would be their motivation? If friends died from COVID, ask if they were given any of the known treatments (Ivermectin etc.) Talk about the rich getting 1/3 richer in 1 year while government forced small businesses to close The politicians salaries are untouched while service organizations must abandon the poorest in society Abandonment of seniors in care homes Voluntary isolation is now becoming 'militarized lockdowns' Asking direct questions: <i>Did you know the total deaths last year in Canada was no different than in the past five years? Doesn't that make you wonder?</i> 		

GREY

These people have been captured by official COVID narrative

- Like Blues, they are convinced that what they are hearing on MSM is 'factual' despite the proof which is right in front of them, that it isn't; they are beyond the reach of reasoning; they are willfully ignorant
- They continue to believe what they are told because it helps them to "feel" safe
- They will not tolerate conversations that interfere with their beliefs
- They may become angry and verbally or physically abusive if they are challenged or feel threatened
- They may attack people personally for having different views, accusing them of being selfish for endangering and even killing others by not following the mandates
- There is no point engaging these people with either facts or reasoning

GREYS may yet change their view with an experience that affects them personally, and hopefully at that time we can assist them with information and support

There is another group...

- They are the architects of the COVID fraud who have been planning it for years
- They have positioned themselves to profit greatly from this carnage they have created in Canada and around the world
- They are full-blown psychopaths and sociopaths with total disregard for this tragedy they are responsible for, in their quest to gain power / money
- They are imposing their own agenda on all of humanity using the plandemic as a tool for depopulation
- They work for the globalist agenda that intends to totally remove our rights and freedoms

Among them are the enablers and sellouts who have been bought, bribed, or coerced into imposing the plan on the rest of us. This is a far-reaching and deeply imbedded involvement of politicians, public health officers, heads of agencies, law enforcement and regulatory bodies around the globe.

Yes, it sounds crazy enough to be a 'conspiracy theory' but it's a 'conspiracy truth' that the world is rapidly awakening to. The global pressure is fervently increasing from this group because they fear the coming reprisals.

So, have you found your Freedom COLOUR?

No one can give us our freedom; we need to claim and hold on to it tightly! We hope this document helps you see truth and find the courage to stand for yourself and for our country.

When you rise and take your stand, you will not be alone. You will find us standing with you.

'Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has' (M. Mead) $\,$



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